

# Tampa Bay Tang Soo Do Courtesy and Etiquette

*Tang Soo Do Moo Duk Kwan is a traditional Martial Art based on respect for all life. It is very important to develop this respect, of our art, our country, Grandmaster, Senior Dans and all members, in accordance with Tang Soo Do principles.*

The proper protocol for each specified situation is explained below.

## I] Entering the Dojang

Upon entering the Dojang, pause by the entrance, face the flags and salute by holding the right hand open and across the chest, with palm facing the heart and bow in the direction of the flags. This demonstrates respect and appreciation for our country, our style, and our training, and the country that produced the development of our style. You should perform this discipline upon entering and leaving the Dojang.

- A) Bow to the instructor, prior to walking into the Dojang
- B) Remove shoes at the entrance.

## II] General Situation in the Dojang

- A) Upon entering the Dojang one must show respect by personal preparation. Cease talking and try to quiet yourself both mentally and physically. Turn your thoughts towards your training. This will help to create an atmosphere of “Jung Soo” internal Peace). Remember where you are and why.
- B) As you enter the Dojang you should recognize the Senior Members (Dan Members) that are Present, by bowing. The appropriate bow is performed by Standing at attention and bowing from the waist about 45 degrees. The Senior member will bow in return. Upon the entrance of a Senior Member, you should recognize him/her with a bow ( unless class has started and your group is on the floor training, in which you would wait until the class takes a break and then recognize the Senior Member appropriately.
- C) If the instructor is addressing you, whether verbally, or demonstrating, make sure that you are ***quiet, focused, and paying attention***. No explanation needed here.!!!

## III] Late Entrance

- A) When a student arrives late ( after class has started ) and enters the Dojang, he/she should follow this protocol. Quietly enter the Dojang and stand at the door.
- B) First bow in the direction of the flags

C) Then, remain at attention by the entrance until you are recognized by the instructor on the floor. Never!!!! Just walk right into the Dojang without being recognized first. This is very disrespectful.

D) Members / Parents, please make every attempt to be at class on time.

#### **IV] Receiving Instruction**

- A) At any time, before, during, or after class, when the instructor or a senior member offers personal correction or instruction to a junior member, the junior member should standing at attention position ( if possible ).  
At the completion of the instruction the junior member should show respect by bowing and saying “Kahm Sa Ham Nida” ( Thank you )
- B) During the class, if a student has a question , he/she should raise his/her hand .  
When the instructor recognizes him/her, the member should be at attention, bow and ask the question. After the answer is received, the student/member should bow and say “Kahm Sa Ham Nida “ ( Thank You )

*Grandmaster Benjamin Michael Baird*